



Newark

Voted BEST NACHOS by Delaware Today!

Voted BEST SANDWICHES by Delaware Today!

Voted BEST LUNCH SPOT by Delaware Today!

## STARTERS

### ARENA'S FAMOUS NACHOS

Voted Best Nachos at the Beach by Delaware Today Magazine!

A giant helping of crispy tortilla chips topped with a blend of Monterey Jack and Cheddar cheese, tomatoes, jalapeno peppers, shredded lettuce, sour cream and southwestern salsa. 10.99

Add Guacamole 1.99  
Extra Sour Cream or Salsa 1.50  
Add Grilled Chicken for 3.99  
Add Chili 3.99

### CHIPS AND SALSA 4.99

### MAC AND CHEESE BITES

Creamy mac and cheese wedges battered and fried served with sriracha ranch. 7.99

### MOZZARELLA STICKS

Battered Mozzarella fried lightly, served with marinara dipping sauce. 7.99

### HUMMUS PLATTER

A healthy portion of Arena's hummus, served in a bowl with kalamata olives, fresh veggies and Pita. 9.99

### ARENA'S WINGS

Our famous jumbo wings dipped in your choice of sauce, served with bleu cheese and celery. 10.99  
Hot, Mild, Old Bay, BBQ, Spicy Garlic Parm, Korean BBQ

### BUFFALO CHICKEN TENDERS

Breaded strips of chicken breast dipped in our secret hot sauce. Served with Bleu cheese and celery sticks. 9.99

### ARENA'S HOME-STYLE FRIES

A generous portion of golden brown fries. 5.99 · Small 3.99

### ARENA'S CHEESE FRIES

Arena's home-style fries covered in a blend of melted Monterey Jack and Cheddar cheese. 8.99 · Small 6.99



### DEATH FRIES

Fries with melted cheese and bacon, topped with ranch and barbecue sauce. 11.99 · Small 9.99

### BASKET OF TATER TOTS

A tasty old school favorite. 5.99 · Small 3.99

### HOT TOTS

Tater tots, bacon, melted shredded cheese, jalapenos, covered in sriracha ranch (Srirancha). 10.99 · Small 8.99

### MINI CORN DOGS

A basket of sweet corn battered hot dogs served with a side of yellow mustard for dipping. 6.99

### SOFT PRETZELS

Served with a sweet and spicy bourbon mustard. 5.99

### ONION RINGS

Basket of tasty O-Rings with some Srirancha for dipping. 7.99

### CHICKEN TENDERS AND FRIES

Breaded strips of chicken served with a generous portion of crispy golden fries and a side of bbq. 9.99

## Salads

Ranch / Fat Free Ranch  
Thousand Island  
Bleu Cheese  
Balsamic Vinaigrette  
Fat Free Italian  
Feta Vinaigrette  
Apple Vinaigrette



### COBB SALAD

Fresh sliced turkey, diced tomatoes, avocado, bacon and feta cheese on romaine lettuce. 11.99

### GARDEN SALAD

A fresh selection of seasonal greens tossed with tomatoes, cucumbers, carrots, onions and sprouts. 7.99

### ARENA'S CAESAR SALAD

Crisp romaine lettuce, croutons, grated Parmesan and our homemade dressing. The Best in Town! 7.99  
Add Grilled Chicken for 3.99

### GREEK SALAD

Mixed greens topped with tomatoes, onions, cucumbers, hot pepper rings, kalamata olives, Feta cheese and a side of balsamic vinaigrette. 10.99

### ORCHARD SPINACH SALAD

Baby Spinach, roasted red peppers, granny smith apple, tomatoes, red onion, crumbled bleu cheese and homemade granola. Apple vinaigrette highly recommended! 9.99

### BETTER THAN A WEDGE SALAD

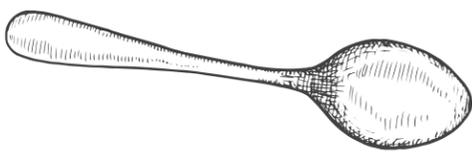
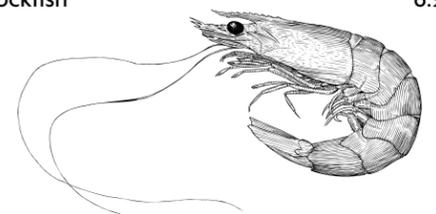
Chopped romaine lettuce, bacon, tomatoes, red onion, crumbled bleu cheese. 8.99

### MARKET SALAD

Chopped romaine and spring mix with sliced crispy chicken tenders, bacon, shredded cheese, tomatoes, onions, carrots, cucumbers and your choice of dressing. 11.99

### ADD TO YOUR SALAD

Chicken Tenders	3.99
Veggie Burger	3.99
Chicken Breast	3.99
<i>Grilled, Jerked or Blackened</i>	
Fried Shrimp	7.99
Fried Rockfish	6.99



## Soups

All our soups are homemade and the best in town!

### MARYLAND CRAB SOUP

Straight from Ma's kitchen. This combination of fresh vegetables and crab meat is always a favorite. 6.99

### WILD BILL'S FAMOUS CHILI

A perfect blend of spices, beans and ground beef heaped with melted Cheddar cheese. Served with tortilla chips. 5.99

### SOUP · SALAD · SANDWICH

Choose two of the three:  
soup, salad, or half of a sandwich. 10.99

#### SOUP SELECTIONS

Maryland Crab · Chili

#### SALAD SELECTIONS

Caesar · Garden · Wedge · Orchard Spinach

#### SANDWICH SELECTIONS

California Club · Big Daddy · Classic T  
The Gaucho · BLT · Power House

Arena's Deli & Bar  
Rehoboth Beach, DE  
302.227.1272

Arena's Cafe  
Rehoboth Beach, DE  
302.226.2233

Arena's Cafe  
Lewes, DE  
302.644.0370

Arena's at the Airport  
Georgetown, DE  
302.856.3297

Arena's Long Neck  
Millsboro, DE  
302.947.4700

Arena's Milford  
Milford, DE  
302.422.3354

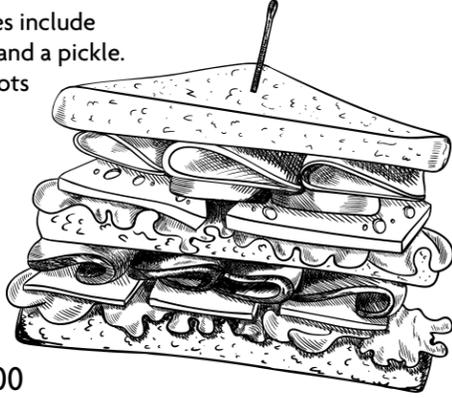
Arena's Newark  
Newark, DE  
302.454.1900

Split basket charge \$1.00

Consuming raw or undercooked proteins can increase the risk of food borne illness.

# Arena's Famous Sandwiches

All sandwiches include potato chips and a pickle. Sub Fries or Tots for \$2.00.



## DENNIS 3000

Grilled ham, swiss cheese, sweet and spicy bourbon mustard, bread and butter pickles, spring mix on a whole grain ciabatta. 10.99

## THE STACKED BLT

A heaping pile of crispy bacon, lettuce, tomato and mayonnaise on toasted white bread. 9.99

## REUBEN'S REUBEN

Corned beef, Swiss cheese, coleslaw, sauerkraut and thousand island dressing served on grilled rye bread. 10.99

## THE DUNCAN

Reuben's Reuben made with turkey instead of corned beef. 10.99

## THE BETTY

A grown up grilled cheese made with bacon, avocado, tomato, American cheese on white bread. 8.99

## THE CLASSIC "T"

Turkey, bacon, honey mustard, mayonnaise and tomato served on whole wheat bread. 9.99

## THE GREEK GODDESS

Turkey, hummus, spinach, cucumber, roasted red peppers, red onion, feta vinaigrette on a whole grain ciabatta. 11.99

## CALIFORNIA CLUB DUDE

Turkey, avocado, Monterey Jack cheese, sprouts, tomatoes and mayonnaise on whole wheat bread. 11.99

## THE DUCKWICH

Turkey, fried onions, tomato, melted Swiss and American cheese, ranch dressing all on grilled rye bread. 10.99

## THE HUNGRY SURFER

Turkey, roast beef, corned beef, swiss cheese, 1000 island, lettuce and cole slaw on a Kaiser roll. 11.99

## THE BIG DADDY

Turkey, roast beef, thousand island, coleslaw and Swiss served on rye bread. 11.99

## CHICKEN PARM SUB

Breaded chicken breast smothered in marinara sauce served in a torpedo roll and topped with melted provolone and Parmesan cheese. 10.99

## DEATH BURGER

Our hand-formed burger topped with tater tots, BBQ, ranch, melted shredded cheese and chopped bacon 11.99

## FRENCH DIP

Grilled roast beef, Swiss and fried onions on a torpedo roll with a side of au jus. 11.99

## THE HAMPSHIRE

Roast beef, melted Provolone cheese, sweet peppers, tomato and balsamic vinaigrette served on a toasted torpedo roll. 11.99

## THE GAUCHO

Roast Beef, cilantro mayo, Monterey Jack cheese, roasted red peppers, leaf lettuce, red onion on a whole grain ciabatta. 11.99

## PHILLY CHEESESTEAK

Tender steak, grilled with fried onions, melted American cheese and served on a torpedo roll. 10.99 Try it with mushrooms and Swiss. 10.99

## CHICKEN CHEESESTEAK

Breast of white meat sliced thin with lettuce, tomato, mayonnaise and Provolone cheese on a torpeo roll. 10.99 Try it Cajun style with hot peppers and Cajun seasoning. 10.99

## BUFFALO CHICKEN CHEESESTEAK

Chopped chicken breast, our secret hot sauce, lettuce, tomato, Provolone and Bleu cheese on a toasted torpedo roll. 10.99

## BLACK AND BLEU BURGER

Cajun spiced burger cooked to temp with spring mix, tomato, red onion, mayo and crumbled bleu cheese, served on a whole grain ciabatta roll. 11.99

## 1/2 POUND BURGER

A hand formed 8oz ground beef burger grilled and served on a kaiser roll with lettuce, tomato, onion and your choice of cheese. Additional toppings may be extra. 10.99

## TEXAS BURGER

Our hand formed burger topped with bacon, BBQ sauce, melted sharp cheddar, lettuce and tomato. 11.99

## CHICKEN CAESAR WRAP

Grilled chicken breast, romaine lettuce, Parmesan cheese and our Caesar dressing in a wrap. 10.99

## THE NORTH SHORE

Ham, sliced chicken breast, Swiss cheese, bacon, lettuce, tomato and mayonnaise served on a kaiser roll. 11.99

## TEXAS CHICKEN

Boneless chicken breast, BBQ, bacon, melted Cheddar cheese, lettuce and tomato served on a kaiser roll. 11.99

## MONTEREY CHICKEN

Boneless chicken breast, lettuce, tomato, ranch and Monterey Jack cheese served on a kaiser roll. 11.99

## SOUTHWEST CHICKEN

Boneless chicken breast, guacamole, melted Monterey Jack cheese, lettuce and tomato served on a kaiser roll. 11.99

## Veggie Options

All sandwiches include potato chips and a pickle.



## FAMOUS GRANNY SMITH SANDWICH

Sliced Cheddar cheese, tart apples, sprouts, carrot slices, onions, honey mustard and mayonnaise on whole wheat. 8.99

## VEGGIE BURGER

A grilled veggie patty served on a kaiser roll with lettuce and tomato. 8.99 With cheese 9.99

## SEDONA VEGGIE BURGER

Our Veggie Burger topped with guacamole, salsa, lettuce and melted Monterey Jack cheese. 9.99

## THE YUMMY HUMMY

Pita, hummus, olives, cucumber, lettuce, tomato and onion, topped with olive oil and crumbled feta. 9.99

## POWER HOUSE

Cucumbers, lettuce, sprouts, carrots, onions, tomatoes and honey mustard served on whole wheat bread. 7.99 With cheese 8.99

## MORGAN'S MUSHROOM BURGER

A grilled veggie burger topped with fried onions, mushrooms, melted Provolone, lettuce and tomato and melted Monterey Jack cheese. 9.99

## SUNSHINE MARK'S VEGGIE BURGER TACOS

Grilled sliced veggie burger, spicy Korean BBQ sauce, shredded cabbage, carrots and cucumbers served on two flour tortillas with chips and homemade salsa. 9.99

# Seafood



## SHRIMP TACOS

Beer battered shrimp, shredded cabbage and cilantro mayonnaise on flour tortillas served with tortilla chips and salsa. 11.99

## ROCKFISH REUBEN

Fried & battered rockfish, Swiss cheese, coleslaw, sauerkraut, and 1000 Island dressing on grilled rye bread. 11.99

## FISH TACOS

Fried battered Rockfish, shredded cabbage and cilantro mayonnaise on flour tortillas served with tortilla chips and salsa. 11.99

## FISH AND CHIPS

Crispy battered Rockfish served with fries, coleslaw and side of tartar sauce. 11.99

## FRIED SHRIMP BASKET

12 beer battered shrimp served with fries, coleslaw and a side of cocktail sauce. 13.99

## UNCLE CRAIG'S FISH SANDWICH

Fried battered Rockfish served on wheat toast with lettuce, tomato, melted American cheese, side of tartar sauce, chips and a pickle. 11.99

# SIDES

Salsa 1.50  
Guacamole 1.99  
Avocado 1.99  
Sour Cream 1.50  
Homemade Coleslaw 1.99  
Green Apple 1.99

# BEVERAGES

16 oz 2.25 20 oz Tumblers 2.50 32oz 2.75

SOFT DRINKS We carry Pepsi products

FRESH BREWED ICED TEA

ASSORTED JUICES 16 OZ 3.00

BOTTLED WATER 2.00

PELLEGRINO BOTTLED WATER 3.00

# DESSERTS

CHECK OUT OUR BOARD FOR OUR SELECTION OF HOME MADE DESSERTS!



SCAN HERE TO VISIT  
ARENASDELI.COM

Follow us @Arenas\_Newark

